

Tactfully voice your opinions at Lodge. Show you are perceived at Lodge depends on how effectively you communicate your opinions, ideas and needs. Speaking is not always easy, but it is important to:

- Demonstrate the value you bring to your team and the Lodge
- Garner respect for your abilities
- Attract Masonic opportunities

Here are some ideas to help you tactfully add your voice to any Masonic discussion:

Be prepared. Until you have developed the confidence to speak spontaneously in meetings, preparation is vital. Make sure you understand the topics on the agenda and on the floor also have a few points you can speak on.

Be sure the time is right. Before talking to a Brother about a difficult or contentious issue, make sure you are in the right frame of mind. Delay the conversation if your other Brother is angry, frustrated, upset or pushed for time.

Watch your language. *How* you say things can be just as important as *what* you say. Avoid negative language that includes words like can't, won't or unable to, focus on positive phrasing and language that:

- Tells the other person what can be done
- Suggests alternatives and choices
- Sounds helpful and encouraging

Watch your body language. Assume a relaxed posture, angle your body forward, maintain eye contact, keep your arms and legs uncrossed and smile to signal you approachability and openness.

Stick to the facts and keep it short. Some people tend to ramble when their nerves get the better of them. Stay focused on the issue and be concise.

Don't interrupt. People will occasionally interrupt each other during healthy discussions but when someone does it a lot it sends a message that they are not interested in the opinions of others.

Be open to feedback. Don't get upset when people don't like your ideas. Feedback tells you that people are paying attention and respect what you had to say. Continued on pg 2

Nov 1st	Thursday Crew 7am
Nov 3rd	Fellowship Breakfast 7am
Nov 2nd-3rd	Tucson Fall Reunion
Nov 4th	DeMolay Meeting 6pm
Nov 7th	Stated Meeting Dinner 6pm
	Stated Meeting 7pm
Nov 8th	Thursday Crew 7am
Nov 12th-16th	Public Schools Week
Nov 14th	Star Party 7pm
Nov 17th	Children at Risk Golf
Nov 18th	DeMolay Meeting 6pm
Nov 21st	Lodge will be Dark
Nov 22nd	Happy Thanksgiving!!
Nov 24th	Deadwood 1130 am @Laverna's
Nov 28th	Masonic Education Night 7pm
Nov 29th	Thursday Crew 7am

"From the East" continued...

Listen actively to others. When you show you are interested in what others have to say, they will be more interested in what you have to say. Unless there is a truly pressing business issue, don't text or check your emails during meetings.

Stay calm. If someone becomes defensive or angry, remain calm, polite and focused. If necessary, agree to take a time out and come back to the issue at another time.

Know when NOT to speak out. Being perceived as someone who has an opinion about everything and dominates meetings and discussions will be counterproductive to having your views respected and considered. In Masonry "we [must] learn to subdue the passions, act upon the square, keep a tongue of good report, maintain secrecy and practice charity."

Finally, remember that practice makes perfect. Spend some time researching a lodge topic you want to discuss or present so you can speak on it with a depth of information. Also, carefully and clearly let your listeners know very specifically what outcome you would like to achieve. When you know what you are talking about and know what you want, then communicate it. That is when you are more likely to get it.



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When I was a kid, one of my friends said: "Wouldn't it be cool if someone could make a Dark-bulb instead of a Light-bulb; you turn it on and it gets dark".

Of course I know now that such a bulb does not exist. It made me think about light a lot.

Light is a strange thing. Humans couldn't live without light. Light has complicated properties scientists have studied for long times. Speed of light is an absolute limit of how fast anything can go. Light has wave properties and particle properties. But even as simple a fact that when you turn on a second light bulb it does not get twice as bright as with only one bulb.

Darkness is the absence of light and it cannot be created.

In our journey as Masons we have a lot of references to Light. We think of light in terms of enlightenment. In the very beginning when God created the heavens and the earth, it all began in darkness. There are many ways to interpret the creation report, but the fundamental beginning was in darkness. Even scientific discoveries have determined that after the Big Bang there was no light. Light came into existence quite a time after it.

It is significant that our masonic journey starts in this very darkness and light is gradually added. All experiences and teachings add to the knowledge we have about masonry. One light after the other is turned on. There are so many analogies to Light. Like two light bulbs don't make it twice as bright, so is it with knowledge. Reading two books does not make you twice as smart. If you want to light up a big room, you need many light sources.

On our masonic journey we go through the three degrees and continue to add light of knowledge. We know that the degrees are just the beginning of our journey. Light doesn't double with each added light, it takes many sources to increase the light. As the light sources add up, so is our knowledge about masonry increasing.

The good fact is that there is no dark-bulb. No one can take away our experiences we have had and the knowledge we have accrued.

Let's strive together for more light. Let's have light added to the coming light and walk the journey together.

-Hannes Meyer, Junior Warden

From The South

The origin of Thanksgiving Day has been attributed to a thanksgiving festival held by Plymouth colony in December 1621, although such celebrations date from ancient times. The idea of a day set apart to celebrate the completion of the harvest and to render homage to the Spirit who caused the fruits and crops to grow is ancient and universal. The practice of designating a day of thanksgiving for specific spiritual or secular benefits has been followed in many countries. From early colonial times the various American colonies celebrated thanksgiving days in recognition of such happy events as good harvests and victories over the Indians.

One of the first proclamations was made in Charleston, Massachusetts in 1676. President George Washington in 1789 issued the first presidential thanksgiving proclamation in honor of the new constitution. During the 19th century an increasing number of states observed the day annually, each appointing its own day. President Abraham Lincoln, on October 3, 1863, by presidential proclamation appointed the last Thursday of November as Thanksgiving Day.

Each succeeding president made similar proclamations until Franklin D. Roosevelt, in 1939 appointed the third Thursday of November, primarily to allow a special holiday weekend for national public holiday. This was changed two years later by both congress and the President to the fourth Thursday of November. Thanksgiving Day remains a day when many express gratitude to God for blessings and celebrate material bounty

George Washington's Thanksgiving Day Proclamation-

"Whereas it is the duty of all nations to acknowledge the providence of Almighty God, to obey His will, to be grateful for His benefits, and humbly implore His protection and favor; and whereas both Houses of Congress have, by their joint committee, requested me to recommend to the people of the United States a day of Public Thanksgiving and Prayer, to be observed by acknowledging with grateful hearts the many signal favors of Almighty God, especially by affording them an opportunity peaceably to establish a form of government for their safety and happiness.

Now therefore I do recommend and assign Thursday the twenty-six of November next, to be devoted by the people of these States to the service of that Great and Glorious Being, who is the Beneficent Author of all the good that was, that is, or that will be; that we may then all unite in rendering unto Him our sincere and humble thanks for His kind care and protection of the people of this country, previous to their becoming a nation; for the single manifold mercies, and the favorable interposition's of His providence, in the courage and conclusion of the late war; for the great degree of tranquility, union and plenty which we have since enjoyed; for the peaceable and rational manner in which we have been enabled to establish Constitutions of Government for our safety and happiness, and particularly the national one now instituted; for the civil and religious liberty with which we are blessed, and

the means we have of acquiring and diffusing useful knowledge; and in general, for all the great and various favors which He has been pleased to confer upon us.

And also, that we may then unite in most humbly offering our prayers and supplications to the Great Lord and Ruler of Nations, and beseech Him to pardon our national and other transgressions; to enable us all, whether in public or private institutions, to perform our several and relative duties properly and punctually; to render our National Government a blessing to all the people, by constantly being a government of wise, just, and constitutional laws, discretely and faithfully executed and obeyed; to protect and guide all sovereigns and nations (especially such as have shown kindness to us) and to bless them with good governments, peace and concord; to promote the knowledge and practice of true religion and virtue, and the increase of science, among them and us; and generally, to grant unto all mankind such a degree of temporal prosperity as He alone knows to be best."

A special Thank-you to all who help support the efforts of this Junior Warden in his kitchen responsibilities. Your brotherhood and friendship is sacred to me. We are having great support with the Saturday Fellowship breakfast both in attendance, donations to the lodge, and help in the kitchen. Stated meeting dinners continue to be of their usual excellence. Many thanks to WB Hannes Meyer's wife Joyce and (if you can believe it) my ex-wife, who remains a very special and warm person in my life, Ute for the delicious German cuisine at the October Stated Meeting. Table decorations at the stated meeting are prepared by WB Paul Simpson's wife Cathy Simpson.

November's Stated Meeting meal of TBD will be held on Wednesday the 7th and the Fellowship breakfast falls on the 3rd. See you all there.

Richard Vaughn

Junior Warden and Mason of the Year, 2018

BREAKFAST!

Bring family and friends to our Buffet-Style Fellowship Breakfast on Saturday

November 3rd.

Weekly specials, Gene's Grits (subject to Gene's Schedule), Scrambled eggs, pancakes, potatoes, biscuits & gravy, and bacon.

7:00 am till 10:00 am

DEADWOOD LUNCH

Past Masters and friends gather on the last Saturday of every month for fellowship at:

LAVERNA'S COFFEE SHOP STARTING TIME 11:30 A.M. OCTOBER 27th





Altan Kol Grotto M.O.V.P.E.R. (Your Mosonic playground) Meetings 2nd Thursday - {Dark July & August} 3959 E Mabel Street, Tucson, AZ Stop in and say hello - Wives are welcome 6pm Pot Luck - &:7pm meeting Ken Lewis, Secretary (520) 349-0709









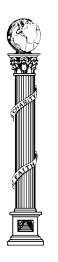


OCTOBER MASONIC BIRTHDAYS

NAME	DAY	YEARS
LARAMORE, GARY RAY	3	47
RODDEY, ROBERT PERRY	4	59
TAGGARSE, AKASH SHARAD	6	19
DAY, GLENN ROGER	13	27
DEGRENIER, TERRENCE EDWARD	15	19
ALBERTSEN, MARK WILLIAM	17	36
DUNGAN, EDWARD WARNICK	17	49
HOPPER, RODNEY JOE	19	21
HARRIS, JERRY C	21	56
AHERN, WILLIAM EDWIN	22	21
BRADFORD, JONATHAN FREDERICK	22	21
DEIBEL, DAVID LOUIS	22	21
HARVEY, JERALD WAYNE	22	21
JABBOUR, SALIM ELIE	22	21
JONES, MARTIN THOMAS	22	21
PROKOP, JOHN FRANK	22	21
RAYMOND, ROGER JOSEPH	22	21
SPAULDING, LARRY DEAN	22	21
SPAULDING, PHILLIP LEE	22	21
BLATT, FREDERICK MARTIN	23	54
WILLIAMS SR, KENNETH CHARLES	24	47
HUTCHINSON, DONALD	25	57
ALLEN, RONALD NEAL	27	33

REMEMBER TO BRING YOUR BDAY CARD IN FOR COMPLIMENTARY STATED MEETING DINNER!





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TUCSON LODGE MASONIC FAMILY SCHEDULES

Arizona Chapter #2, OES, First Tuesday	7:30PM
Saguaro Chapter #48 OES, Second & Fourth Mondays	7:00PM
Olana Temple #131, Daughters of the Nile, Third Monday	7:00PM
Oasis Court #75, Ladies Oriental Shrine, First Monday	
Demolay - Arizona Chapter, First and Third Sunday	
Bethel #25, Job's Daughters, First & Third Saturdays	
Assembly #2, Rainbow Girls, Second & Fourth Tuesdays	

For use of the Lodge Building call 520-370-3519 or send an email to VMSANTOS@comcast.net

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