

TUCSON LODGE #4 F. & A. M.



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OCTOBER 2018





VOLUME 137

From The East





Giving and gaining respect at the Lodge. Some Masons spend almost as much time with their Brothers as with other friends and family. This makes building a positive lodge atmosphere an important goal. The key to a positive ambiance is mutual respect between Brothers. These habits can help you earn respect and encourage it in others.

Respect Rules

Maintaining a positive and respectful atmosphere at lodge can be a challenge when faced with negative factors such as a bad commute or stress. Invest in your own attitude and actions so you can gain and give respect in lodge. Try to:

Choose a positive outlook. Like one bad apple, one bad attitude can spoil the rest. Be contagious in your enthusiasm. Make the

decision to enjoy work and find others to share your positive approach. Avoid the gossip mill. Gossip and negativity create a hostile and unhealthy environment; toxic to the morale of your team and hurtful to all. Respect your Brother Masons by refusing to take part in negative discussions and you will earn their

Show care and compassion. Masons with negative attitudes may have problems or issues that you are unaware of. Don't be too quick to judge. Focus on showing your concern or empathy rather than resentment and you just might just be surprised by the response you get.

Keep cool in conflict. When facing disagreements, remember your goal should be progress, not winning. Resilience is the capacity to recover quickly from difficulties. Work on improving your resilience.

Brush it off. When you are faced with a grumpy or rude Brother or a frozen computer screen, brush it off and move forward. Don't let small setbacks ruin your day or consume even an hour of your time. We all have a right to be treated fairly and by voluntary obligation we have a duty to treat others fairly in return.

Toot your team's horn. When a project goes well, share your results with others. Get excited about what you've accomplished together and give credit where credit is due. It's okay to be proud of good work.

Manage your stress. Take a break, take a deep breath or go for a walk. Taking breaks increases productivity and decreases stress. If you need to, find someone to cover you so you're able to take a few minutes for break from your lodge activities for a short time.

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Oct 3rd	Stated Meeting Dinner 6pm
	Step Up Stated Meeting 7pm
Oct 4th	Thursday Crew 7am
Oct 6th	Fellowship Breakfast 7am
Oct 7th	DeMolay Meeting 6pm
Oct 10th	EA Degree or Practice 7pm
Oct 11th	Thursday Crew 7am
	Trustee Meeting 7pm
Oct 13th	PM & Wives Dinner @ Mimi's 1pm
Oct 17th	Chili Cook Off 6pm
Oct 18th	Thursday Crew 7am
Oct 20th	Horseshoe/Bocce Tournament
	@Shooter's Saloon 1pm
Oct 21st	DeMolay Meeting 6pm
Oct 24th	Awards Night/Dinner 6pm
Oct 25th	Thursday Crew 7am
Oct 27th	Deadwood 1130 am @Laverna's

"From the East" continued...

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Have calm commute to lodge. Make your commute a positive time. If it's an option, leave a little early so you can take the scenic route. A calm commute creates a calmer outlook, setting the right tone for your upcoming experience at our lodge meeting or event.

Regarding Leaders

Issues with lodge leaders are one of the main reasons why many people end up searching for a new lodge. While both leaders and lodge members have a responsibility to contribute to a healthy lodge environment, each of us can set a good example by:

- Giving positive feedback to Brothers
- Being a good listener
- Demonstrating respect for your Brothers
- Focusing on team accomplishments, not solely on personal honors and recognition
- Being consistent
- Taking the time to get to know your Brother Masons better

Taking these simple steps can make a world of difference to your lodge as a team and the lodge environment you share. Masons respect, seek and emulate and want to work alongside a supportive leader because they create a healthy and positive feeling when we go to lodge.

Threats to Respect

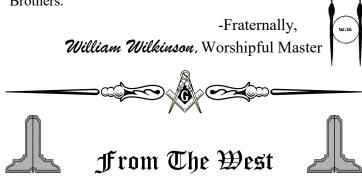
One of the greatest threats to a positive lodge room environment and to Brothers' emotional health is lodge member bullying and harassment. Bullying often goes undetected and unreported due to feelings of fear or shame. Be on the watch for signs that bullying may be occurring and be sure to report it. "You are to judge with candor, admonish with friendship, and reprehend with justice." Bullying includes:

- Verbal abuse
- Excluding and isolating Brothers
- Intentionally changing tasks and assignments to inconvenience particular Brothers
- Intentionally withholding information vital to effective Masonic performance

Harassment is more overt, but no less difficult to endure. It can also include:

- Threats or inappropriate comments
- Destruction or theft of property
- Verbal and physical assaults

Serious threats to a healthy and respectful lodge room, such as bullying and harassment, may not be a part of our lodge, but there is always room for improvement. The best place to start is with you. "You will ever display the discretion, the virtue and the dignity which become a worthy and exemplary Mason." Evaluate the role you play in contributing to the lodge environment and try to implement the steps above. Small changes can vastly improve your own attitude at lodge, and earn respect and gratitude of your Masonic Brothers.



"All I really need to know I learned in Kindergarten" is the title of a book by Robert Fulghum.

There is a lot of truth in the notion before we are five years old, patterns are established and our general character is formed.

In the engineering world it is often said that the knowledge needed for the current job assignment was not taught in engineering school but through a constant learning process. Especially in the fast moving field of electronics, this is true! There are no technical books about cell phone technology or flat screen TVs anymore. These books would be outdated the moment they reach the market. Being in the field of electronic design requires a constant growth of knowledge and experience. The title of the book above can obviously not be translated for engineers "All I need to know, I learned in engineering school". So is it wrong to say that I learned it all in kindergarten?

There are at least two aspects to learning. In kindergarten learning encompasses basic life knowledge. This is the time when the basic behaviors are formed and the personality is established. This is the foundation for social behavior. These settings are established early and cannot be changed very easily. On top of this foundation then the factual learning takes place. Here we acquire knowledge for specific skills and situations in life. The constant learning is not an engineering specific trait. It applies to life in general. We are in a constant learning process.

By applying these thoughts to Masonry, it is tempting to say "All I need to know about Masonry I received in my three degrees". This is of course far from true. We know that the degrees are the mere beginning of our Masonic journey. As Masons we should be in the process of constant learning. Often we do not live up to this challenge and are mostly concerned to get a candidate through the degrees and leave it at that. Would it not be better, if we see the degrees as the starting point of a long way, where we are in a constant learning process? If we are making good men better, then this process will never be finished.

There is no "good enough". We all can strive to improve! If the degrees set the foundation of the Masonic character, if we might call it that, then it is a good foundation. But it has to go further than the founding principles. To receive the benefits from being a Mason we have to build on this foundation by a constant Masonic learning process.

We can learn from studying Masonic literature, visit Masonic WEB sites, but mostly learn from each other. A good measure of curiosity and desire for knowledge is required. We are on this journey together. Let's talk and inspire each other.

-Hannes Meyer, Junior Warden

From The South

How a Simple Comma Can Change Your Way of Thinking

There is a funny antidote regarding the proper use of a commas. It goes like this "Let's eat Grandma." and, "Let's eat, Grandma." Another similar situation, which I always gives me a chuckle is the road signs that reads, "SLOW CHILDREN AT PLAY". Commas are very useful of course, in fact, necessary as they separating correlating pairs, verbs from subjects, etc. Commas can also on occasion change the meaning of the message quite unintentionally as in "Let's EAT GRANDMA." Instead of asking Grandma to eat, it implies you are going to eat grandma herself. That's quite a difference. The misuse of the comma is also the bane of many an English teacher across the country.

Our rituals and catechisms have for centuries been passed from mouth to ear. Never are we as Masons to write down any of what we see or do or say in a Lodge Hall. Is it possible that a comma could have been overlooked? After all, we don't speak commas, they are implied as pauses when we speak naturally.

We are taught as Entered Apprentices, "To learn to subdue our passions." This can be interpreted many different ways. It is the up to the individual that wrestles with it that determines what this means to them. A passion is something that generally controls ones decisions. It is a usually a vice, but not always. It could be a thought, an action or a deed reproduced enough to become controlling. What Masonry is teaching is that as we all have passions. It does not suggest that we eliminate passions. Passion can be a positive influence on our lives. What Masonry teaches is that we must subdue our passions, to subdue, not eliminate. A person needs passion for without desire we have no will.

Within Masonry we hold each other accountable for our actions. It should be on our minds every day. We should think about it every day. I have often said, be a Mason every day in every way. In your thoughts, words, deeds and actions. My favorite Founding Father was not a Mason. But John Adams said "Let us tenderly and kindly

cherish, therefore, the means of knowledge. Let us dare to read, think, speak, and write."

Many a man has taken the three degrees and is still the same man he was when he petitioned the Lodge. If he has been a Mason for sixty years or sixty minutes it does not matter. There is no difference in the man that does not change his thinking. Therefore the dividing line between a true Mason and a non-Mason is simply the way we think.

A man may be committed to being a Mason, but if he thinks the same way he always has, and acts the same way he always does, what has he become? He is the same person, thinking the same thoughts, performing the same actions, the only thing he has changed is his title. We have to change our thinking. We must subdue those passions that are undesirable and replace them with ones that are.

How can a comma change this? By placing it in such a way as it changes the meaning of the sentence. What came you here to do? Answer, "To learn to subdue my passions and improve myself in Masonry." That is something we all have heard and read. Let me show you what happens when we change our thinking. Place a comma after learn.

To learn, to subdue my passions and improve myself in Masonry.

Now we have three goals, to learn, to subdue passions and improve ourselves. All through the careful application of Masonic virtues and by changing our thinking. You cannot become a Mason without changing your thinking. You walked into a Lodge thinking like the rest of the world. If you make it through all three degrees and don't change your manner of thinking what have you become?

The only way to achieve this is through continuous Masonic education. To never stop seeking light in Masonry. There is no destination to being a Mason. By placing that tiny little comma in that sentence, there is a whole new goal for Masons. To LEARN.

Being a Freemason is not a thing, it is not a title, and it is not something anyone should ever take for granted. It is a process of self-improvement unlike any other in history. It is a privilege. The only way we can repay the debt owed to others that came before us is to learn as much as we can in order to teach others. Unless our thinking changes, we are the same men we were the night before we were initiated.

Thank-you WB Will Wilkinson and his wife, Laurie, for the fantastic September Stated Meeting meal of Red Beans, Rice and cornbread. Also to Kathy Simpson for providing the beautiful table centerpieces of that evening.

The October Stated Meeting dinner will be on the 3rd and will be prepared by courtesy of WB Hannes Meyer's wife Joyce and family. Menu will is still TBD at the time of this writing but will be in association with German October Fest – sorry no beer.

Saturday Fellowship Breakfast will be on the 6th. Please join us for more fun, food and fellowship.

Richard Vaughn

Junior Warden and Mason of the Year, 2018



DEADWOOD LUNCH

Past Masters and friends gather on the last Saturday of every month for fellowship at:

LAVERNA'S COFFEE SHOP STARTING TIME 11:30 A.M. OCTOBER 27th



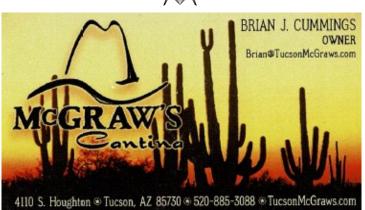


Altan Kol Grotto M.O.V.P.E.R.

(Your Masonic playground)
Meetings 2nd Thursday - {Dark July & August}
3959 E Mabel Street, Tucson, AZ
Stop in and say hello - Wives are welcome
6pm Pot Luck - 8:7pm meeting

Ken Lewis, Secretary (520) 349-0709













From The Secretary



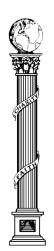
We are coming to the end of the year and we still have 10 brothers who have not yet paid their 2018 dues. Please check your dues cards. If it doesn't saw 2018 please let me know and we can find out why. If you need assistance, please let me know. Also, as a result of legislation passed at the 2018 session of Grand Lodge, fees for the degrees and for affiliations from outside the state will go up significantly starting with January 1, 2019. I will have the exact new numbers in the November trestle board.

Sincerely and Fraternally, Paul Simpson, PM

OCTOBER MASONIC BIRTHDAYS			
NAME	DAY	YEARS	
HENRY, KENNETH STEARNS	1	43	
PICERNO, SALVATORE JOSEPH	1	50	
POCKUBA, STEVE JOSEPH	1	43	
BOWEN, KENNETH RONALD	4	40	
SPONSELLER SR, GARY LEE	5	41	
COOPER, ERNEST BRUCE	8	4	
REID, ROBERT LEE	8	38	
HAZARD, CLIFFORD JACKSON	10	56	
SANTOS, MICHAEL MONTANO	10	17	
BROWN, TRACY STEVEN	11	1	
MARCUS, DOUGLAS J W	11	12	
SEGAL, ROBERT JAY	12	46	
SWANGO, DANIEL LEE	12	42	
HATFIELD, JEFFERY DAVID	14	3	
HALL, JERRY CARL	15	44	
DAVEY, GRAHAM ALFRED	16	44	
STUP, CHARLES RICHARD	16	21	
BUSBY, ERNEST DANIEL	17	34	
SCOTT, GENE PAUL	17	39	
ELDORADO, JAMES GEORGE	19	68	
VILLANI, ANGELO JOSEPH	19	54	
STEPHENSON, SAMUEL ALLEN	20	42	
CHRISTENSEN, ERIK	22	28	
WILKINS, RICHARD ORA	22	65	
MERRIMAN, ANTHONY ERIC (BUTCH)	23	12	
WICKEY, GENE ARTHUR	23	48	
CRAWFORD, ROBERT DeWAYNE	27	42	
MARCOUX, KENNETH ALAN	28	52	
CARLEY, FRANK FLORES	29	43	
STEVENSON, DONALD DUGALD	29	38	
CAVANAUGH, FRANCIS JOSEPH	30	27	
SMITH, ELMO GORDON	30	61	
SANTOS, VINCENT MORENO	31	28	
VOGEL, STEVEN LEO	31	34	

REMEMBER TO BRING YOUR BDAY CARD IN FOR

COMPLIMENTARY STATED MEETING DINNER!



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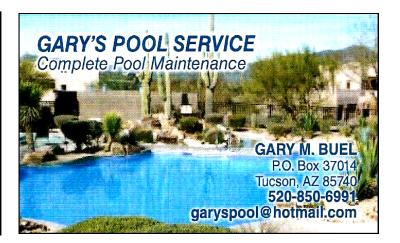
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TUCSON LODGE MASONIC FAMILY SCHEDULES

Arizona Chapter #2, OES, First Tuesday	7:30PM
Saguaro Chapter #48 OES, Second & Fourth Mondays	7:00PM
Olana Temple #131, Daughters of the Nile, Third Monday	7:00PM
Oasis Court #75, Ladies Oriental Shrine, First Monday	7:00PM
Demolay - Arizona Chapter, First and Third Monday	6:00PM
Bethel #25, Job's Daughters, First & Third Saturdays	10:00AM
Assembly #2, Rainbow Girls, Second & Fourth Tuesdays	

For use of the Lodge Building call 520-370-3519 or send an email to VMSANTOS@comcast.net

CHILI COOK-OFF

SPONSORED BY TUCSON LODGE #4

WED, OCTOBER 17 @ 6:00 PM



NO ENTRY FEE FOR CONTESTANTS
ATTENDEES WILL VOTE TO DECIDE WINNER
TROPHIES WILL BE AWARDED TO 1ST, 2ND, AND 3RD PLACE!

CONTESTANTS ARE ENCOURAGED TO RSVP WITH PAUL SIMPSON @ psimpson130@gmail.com or 520-572-7152

Horseshoe and Bocce Ball Tournament

Saturday October 20th 1:00 PM @Shooters Saloon

Free Registration!!

Brother Ray Snow has once again made custom trophies to be awarded to the tournament winners.

For more info or to register: Email Jon at willowbe99@gmail.com Call Jon at 520-465-5485

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